

Help,
I am gaining weight again!



MiniMIZER
RING

 **BARIATRIC
SOLUTIONS**
INTERNATIONAL

You have had a gastric bypass, you have lost a lot of weight and you are feeling healthy again. But then, all of a sudden, you notice that you are regaining weight. What can you do?

Gaining weight after having a weight loss procedure is usually because of unnoticed changes in your eating and exercise behavior. Patients who regain weight may also have a less strong feeling of satiety. The feeling of satiety is partly determined by the new connection between the stomach and the small intestine (anastomosis). When this connection is large or increases in size, patients do not feel full and will tend to eat more. Sometimes, weight regain can also be due to a medical problem.

Reach out to your surgeon about what a MiniMIZER RING can do for you

Have you gained a lot of weight and are you unable to regain control of your weight with lifestyle adjustments? Then the placement of a MiniMIZER RING can be a solution. Speak with your surgeon, who will help you decide if the MiniMIZER RING is suitable for you.



**Getting back
on track!**



The support you need

Stopping your weight regain

What is the MiniMIZER RING?

The MiniMIZER RING is a certified surgical implant and is made of medical grade silicone, which means the body does not react to the presence of the ring around the stomach.

During a laparoscopic procedure, the surgeon places the MiniMIZER Ring around the lower part of the reduced stomach. The ring is secured with a few stitches to help prevent unlikely slippage.

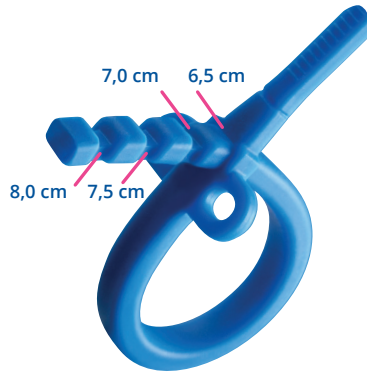
What are the effects of the MINIMIZER RING?

Because the MiniMIZER RING is placed around the reduced stomach, there is an extra delay for the passage of food. This makes you feel satisfied sooner and stop eating earlier. Therefore, the MiniMIZER RING contributes to the desired change in your eating habits and makes it easier to adhere to these new habits.



How long does recovery take after implanting a MiniMIZER RING?

The recovery is equal to the recovery period after your gastric bypass. On average, it takes about three to six weeks for you to fully recover from the procedure. Keep in mind that this is an average and recovery can vary.



The size of the Ring will be tailored to fit your needs

The MiniMIZER RING can help treat dumping syndrome

Sometimes the MiniMIZER RING can also offer a solution to patients who have serious dumping syndrome, also called rapid gastric emptying. Dumping syndrome occurs when food, especially sugar, moves from your stomach into your small bowel too quickly. Most people can overcome this by eating smaller meals and limiting high-sugar foods. As the MiniMIZER Ring helps to change eating habits, it can help to prevent dumping syndrome.

What are the results?

Research shows that 75% of people stop gaining weight after placement of a MiniMIZER RING, while a healthy and regular eating and exercise pattern is present. Around 40% of the patients even lose weight again up to an average of 7 BMI points.

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What are the possible side effects of a MiniMIZER RING?

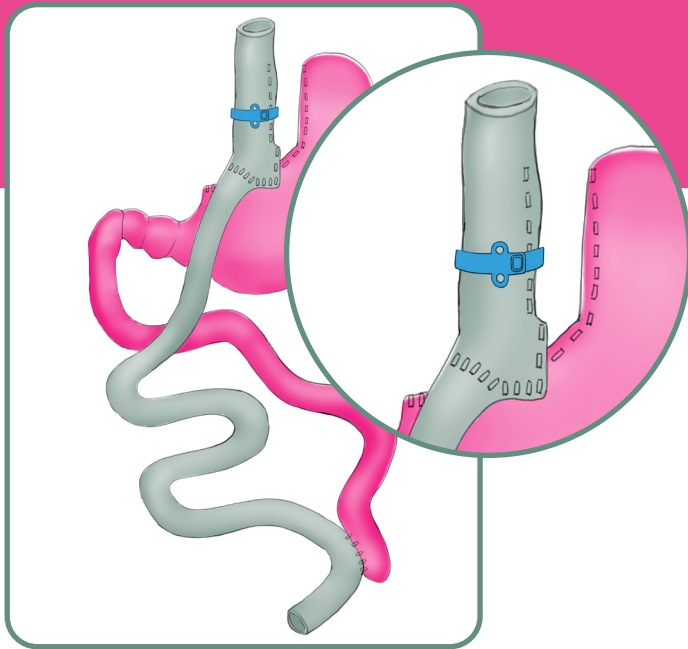
One possible side effect of the MiniMIZER Ring is regurgitation.

This might be related to how the MiniMIZER Ring slows down the passage of your food. This is why it is very important to adjust your eating behavior and diet accordingly. Remember to take small bites, chew your food well and take breaks between bites. This should help to improve food flow and reduce or prevent regurgitation.

Does the regurgitation persist despite adjusting your eating behavior or diet? If so, then it is possible that the MiniMIZER Ring will need to be loosened or even removed, requiring a surgical procedure.

An extremely rare complication is erosion. When this happens, the MiniMIZER Ring grows through the stomach due to friction on the stomach wall. With complete erosion, the Ring can end up inside the stomach. In these rare cases, patients can sometimes be unaware this has occurred, and one may only notice that one can eat more again. In case of erosion, the MiniMIZER Ring can be removed by means of a gastroscopy.





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In summary, the addition of a MiniMIZER RING after a gastric bypass helps to stop weight regain and even initiates further weight loss. Please discuss the benefits of the MiniMIZER RING with your surgeon to see if it is the right thing for you!

Please visit our website for more information!



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Underlying data available on request

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